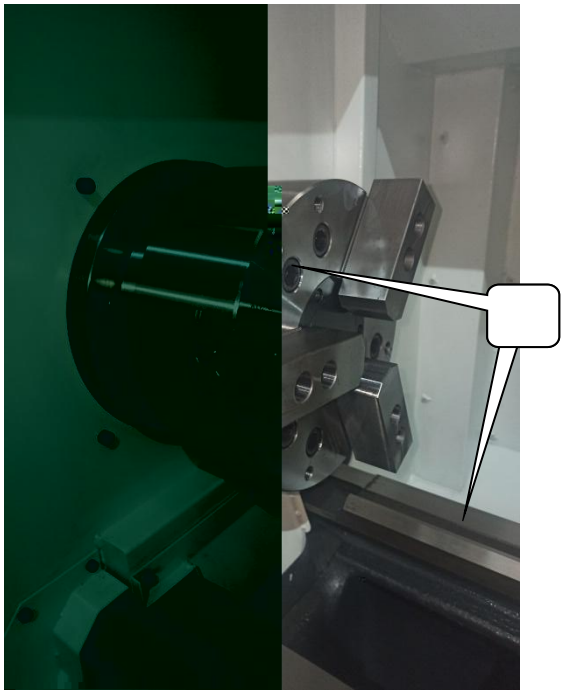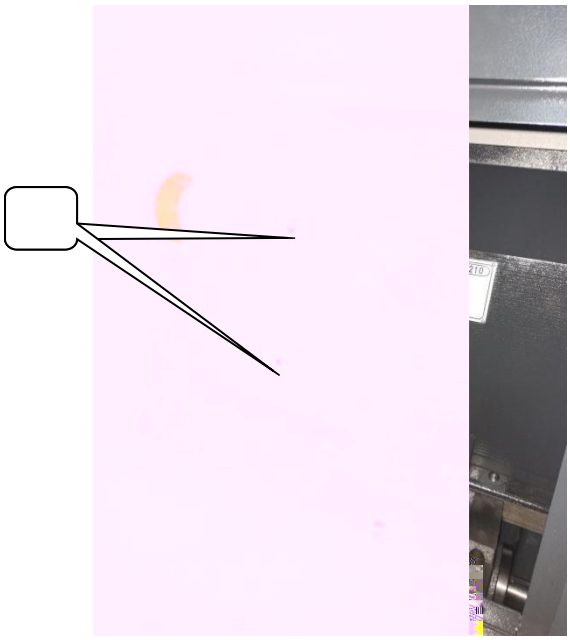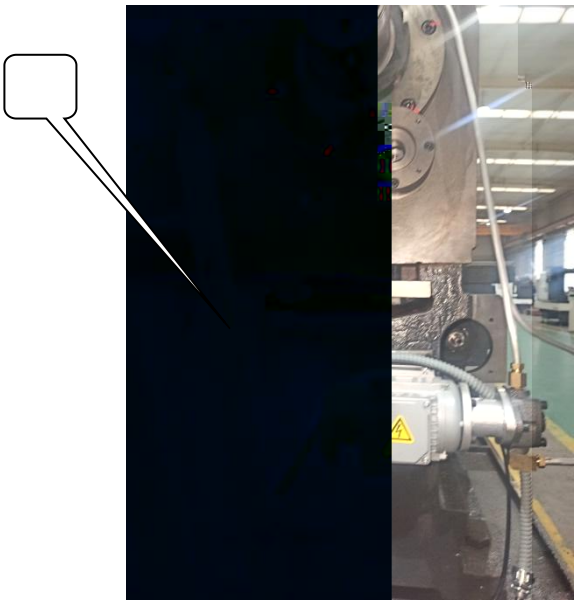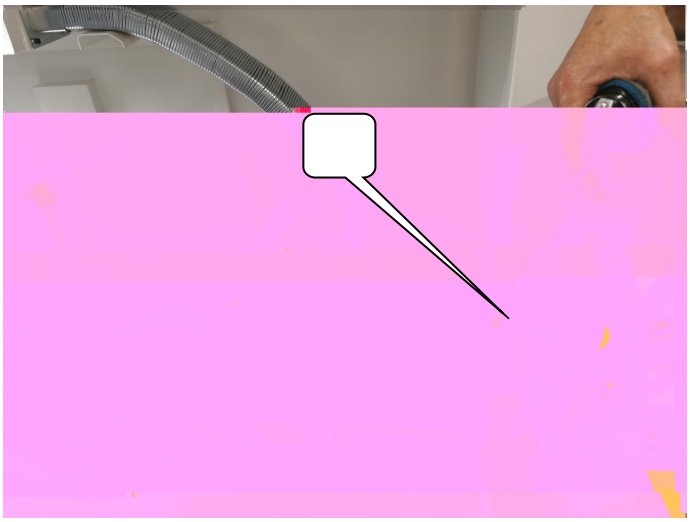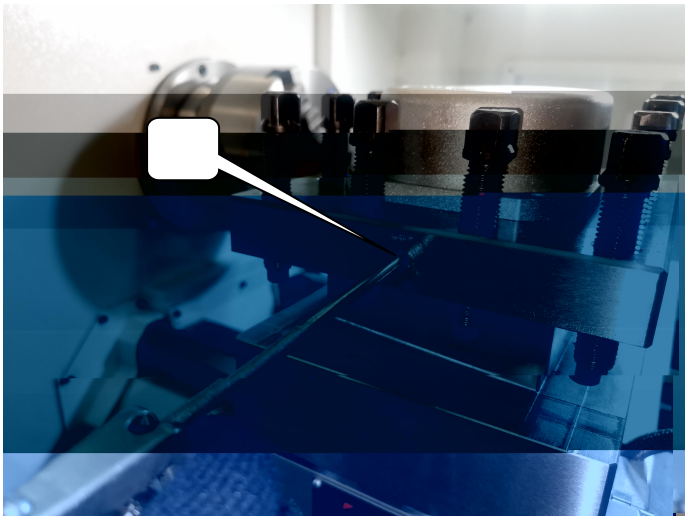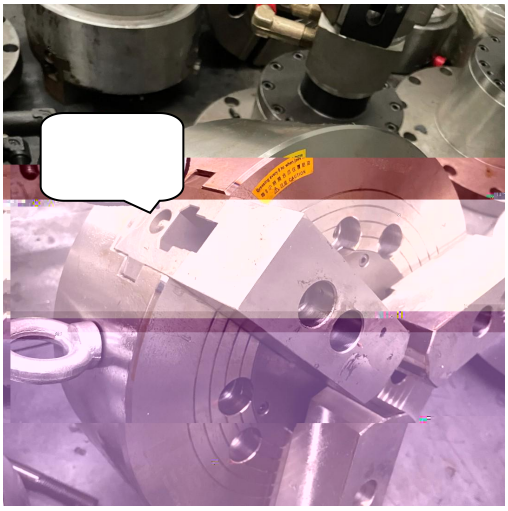润滑油